



At Reynolds Academy, we want all our pupils to develop the fundamental movement skills, become increasingly competent, confident and resilient in order to access a broad range of opportunities to extend their agility, balance and coordination, both individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations to become confident and competent within the statutory requirements.

Intent – What do we aim to deliver?

Physical Education is normally taught in KS1 in 50-minute lessons on a weekly basis and KS2 have 1 hour 40 minutes every week. Children in Foundation Stage focus on fine and gross motor skills as part of their everyday learning and have 50 minutes designated PE slot each week.

High Quality Teaching

We aim to deliver high-quality teaching and learning opportunities from Early Years Foundation Stage up to Key Stage 2.

Extra-Curricular Activity

In addition to curriculum provision, our intent is to provide children with opportunities to participate in extra-curricular activities that are inclusive, free of charge, enjoyable and increase children's physical activity.

Challenge

Learning opportunities encourage students to reach their potential by offering challenging targets and guidance in every lesson.

Healthy Lifestyle

We want our children to understand how to lead a healthy lifestyle and understand the importance of exercise.

Etiquette

All pupils will understand the values and importance of fair play and being a good sportsperson.

Implementation – How do we aim to deliver it?

Key Stage Two

Pupils in KS2 will cover activity areas such as Gymnastics, Dance, Games, Athletics, Striking and Fielding activities, Health Related Exercise, and Outdoor and Adventurous activities.

Early Years and Key Stage 1

Pupils in KS1 and Early Years will focus on Fundamental Movement Skills, Body Management and Object Control before applying these skills to Dance, Gymnastics, Athletics and a range of team games.

Alongside this, pupils will be given the opportunity to attend swimming lessons in year 4 where they are aiming to reach a standard at which they are safe and confident in the water.

Impact – How will we know when we have delivered it?

High levels of engagement and enjoyment

Children to participate in PE each week and understand the benefits of being healthy.
Children at Reynolds Academy enjoy PE lessons and apply what they have learned to real-life situations.

Ensuring Progress

During PE sessions, Children are asked to think about a 'moment of success' and share with the class. Teachers discuss with the children what they thought they did well, and what they need to improve on during the next session.

Ensuring Progress

Teachers use Chris Quigley Milestones as a framework for identifying children who have achieved the expected standard and any additional support which is required.

Whole Curriculum Impact

Children are encouraged to take part in 'Active 60' where they complete 60 minutes of physical activity outside of PE sessions. These active sessions are planned into a range of curriculum subjects, making each lesson have an active element